

Master Garth Cooley

National & International Poomsae Records 2006 to Present

2006

- 1st U.S. Poomsae Team Trial (San Diego, CA): Gold – 2nd Senior
- 1st World Poomsae Championships (Seoul, Korea): Semifinals

2007 – DID NOT COMPETE

2008

- 3rd U.S. Poomsae Team Trial (Detroit, MI): Gold – 2nd Male Team
- 3rd World Poomsae Championships (Ankara, Turkey): 7th Place - *Finalist*

2009

- U.S. Open (Las Vegas, NV) 41 – 50 Poomsae: Silver
- 4th U.S. Poomsae Team Trial (Austin, TX):
 - Gold – 2nd Male Team
 - Silver – 2nd Pair
- Pamplona Open Poomsae Championship (Pamplona, Spain)
 - Silver – 2nd Male Team
 - Bronze – 1st Master
- 4th World Poomsae Championships (Cairo, Egypt): *Finalist* - 8th Place (2nd Male Team)

2010

- U.S. Open (Las Vegas, NV)
 - 1st Master: Bronze
 - 2nd Pair: Silver
 - 2nd Team: Gold
- 5th U.S. Poomsae Team Trial (Orlando, FL):
 - Gold – 2nd Male Team
 - Gold – 2nd Pair
 - Gold – 1st Master
- 5th World Poomsae Championships (Tashkent, Uzbekistan):
 - 2nd Male Team – 10th Place
 - 2nd Pair – 6th Place – *Finalist*
 - 1st Master – 16th Place

2011

- U.S. Open (Las Vegas, NV)
 - 1st Master: Bronze
 - 2nd Pair: Silver
 - 2nd Team: Gold
- 6th U.S. Poomsae Team Trial (Buffalo, NY):
 - Gold – 2nd Male Team
 - Gold – 2nd Pair
 - Silver – 1st Master
- 6th World Poomsae Championships (Vladivostok, Russia):
 - 2nd Male Team – 5th Place – *Finalist*
 - 2nd Pair – 5th Place – *Finalist*

2012

- 7th U.S. Poomsae Team Trial (Dallas, TX):
 - Gold – 1st Master
 - Silver – 2nd Pair
 - Silver – 2nd Team
- 7th World Poomsae Championships (Tunja, Colombia): 1st Master – 14th Place

2013

- U.S. Open (Las Vegas, NV):
 - 1st Master – Gold
 - 2nd Pair – Gold
- 8th U.S. Poomsae Team Trial (Chicago, IL):
 - Gold – 1st Master
 - Silver – 2nd Pair
 - Bronze – 2nd Male Team
- 8th World Poomsae Championships (Bali, Indonesia): 1st Master – *Finalist* (8th Place)

2014

- U.S. Open (Las Vegas, NV):
 - 1st Master – Bronze
 - 2nd Team – Silver
 - 2nd Pair – Gold
- 9th U.S. Poomsae Team Trial (San Jose, CA):
 - Gold – 1st Master
 - Silver – 2nd Pair
 - Silver – 2nd Male Team
- 9th World Poomsae Championships (Aguascalientes, Mexico): 1st Master – *Finalist* (5th Place)

2015

- U.S. Open (Orlando, FL): 2nd Pair – Silver
- U.S. National Championship (Austin, TX):
 - Gold – 1st Master
 - Silver – 2nd Pair
 - Bronze – 2nd Team
- 10th U.S. Poomsae Team Trial (Colorado Springs, CO):
 - 1st Master – 1st Place
 - 2nd Pair – 2nd Place
 - 2nd Team – 2nd Place

Summary

- Represented the United States in eight WTF World Poomsae Championships
 - Individual – 5 times
 - Pair – 3 times
 - Team – 4 times
- Seven-time finalist (Top 8) at WTF World Poomsae Championships
 - Individual – 2 times
 - Pair – 2 times
 - Team – 3 times
- Six-time U.S. Open Champion
 - Individual – 2 times
 - Pair – 2 times
 - Team – 2 times
- Twelve-time U.S. National Champion/Team Trial Winner
 - Individual – 6 times
 - Pair – 2 times
 - Team – 4 times